

**SUGGESTED ITEMS FOR OPERATION CHRISTMAS AT SEA – Shoebox gifts for our Sailors and Marines**

deployed aboard the **USS Arlington** – packed in a single shoe box or plastic shoe size box

Please Include a self-addressed post-card and a personal note or card to let them know you are thinking about them and  
And a thank-you for their service to our country.

**PERSONAL ITEMS:**

soap (unscented such as Ivory or Dove)  
deodorant  
wash cloth  
tooth brush/ tooth paste/ floss (maybe a plastic soap container)  
comb or brush  
sun screen  
disposable razors  
socks (white tube or thick black)  
tissue packets  
fun band-aids  
individual packets of Tylenol  
nail clippers, nail file,

**General Items:**

Notebook, pens, pencil  
comic books, books, magazines  
stationary or cards  
zip lock baggies  
pre-paid phone cards  
AA and AAA batteries (small flashlight also)  
puzzle books, deck of cards

**Food/ candy items (no chocolate)**    small fruit cups (pop top lids)    pop tarts    granola bars  
mints, gum, other hard candy    cheese/peanut butter crackers    instant oatmeal packets  
tea bags, instant coffee    Ramen Noodles